



australian labyrinth  
network inc.

# ‘Widening the Circle’

4th Annual Gathering

2022

## Program

### 25-27 March 2022

Version 5, 14 March 2022

<b>Friday 25th</b>	<b>Times are in AEDT (NSW time)</b>
3:00 pm	Arrive at Mt Carmel and settle in
4:00 pm	Registration
5:00-6:00 pm	Welcome and Labyrinth warming—Live on Zoom
6:00-7:00 pm	Dinner
7:30-9:00 pm	Tony Christie—Widening the Circle - (Live on Zoom)
<b>Saturday 26th</b>	
7:00 am	Labyrinth walk with Alchemy Crystal Singing Bowls - Live on Zoom
8:00-9:00 am	Breakfast
8:30-8:50 am	Registration for Day Visitors
9:00-9:05 am	Welcome
9:05-10:35 am	Christina Rowntree—Soul Containers (Zoom) (90 min)
10:35 –11:00 am	Morning Tea
11:00-12:00 pm	Peter Bean—Living Justly in an Unjust World (Zoom) (60 min)
12:15-1:15 pm	Max Greive—Men’s Welfare work (Zoom) (60 min)
1:30-2:30 pm	Lunch
2:30-3:10 pm	Susanne Jones—Hurley Park labyrinth and beyond... (Zoom) (40 min)
3:15-3:25 pm	Afternoon Tea
3:30 -5:00 pm	Sally Longley & Kathy Cave—Flipping your Myth (Zoom) (90 min)
5:00 pm	Marketplace/ Free Time
6:00 pm	Dinner
7:30-9:00 pm	AGM (Live on Zoom)
<b>Sunday 27th</b>	
7:00 am	“Everything you need to know about WLD: How to Plan and Promote a WLD Event” Hosted by TLS—register here <a href="https://worldlabyrinthday.org/wld-2022/pre-wld-events">https://worldlabyrinthday.org/wld-2022/pre-wld-events</a>
8:00-9:00 am	Breakfast
8:30- 8:50 am	Registration for Day Visitors (come to the Dining Room)
9:00-9:15 am	Room pack-up, luggage to foyer, return keys, etc.
9:15-10:30 am	Tony Christie—To the Labyrinth and Beyond (Live on Zoom) (60 mins)
10:30-10:45 am	Morning Tea
10:45 –12:00 pm	Sharing our 2022 visions—Live on Zoom with break out rooms
12:00 –1:00 pm	Closing Gratitude Walk—Live on Zoom
1:15 –2:15 pm	Lunch & Depart

**Christina Rowntree** is a Veriditas accredited facilitator with a particular focus on the arts. She says: I facilitate labyrinth walks in community settings, in Christian churches & retreat settings. I offered a labyrinth meditation walk, part of an interfaith meditation series in the City of Darebin.

Last year, with others in the community, I created a Chakra Vyuh labyrinth in parkland as part of the Queenscliff Uniting Church's Sacred Edge Festival.

My work engages people in the Uniting Church in Victoria & Tasmania through Theology & the Arts. I walk the labyrinth as a path of prayer, a spiritual practice which sustains my Christian faith. Soul work is common to us all, not held by any one faith tradition or ideology. We will hold an open space. Let's collaborate?!



### **Labyrinth as Soul Container**

As labyrinth facilitators we tend to focus on invitation and leading the walk. Recent experiences have found me spending more time in preparing the site, focussing on the visual elements to create ambience, selecting materials congruent with the ritual purpose, and using story within the labyrinth to introduce a theme. In this session we will train our artist's eye to offer a labyrinth walk as immersive art installation. The session will balance "show and tell" input and active participation.

**Susanne Rae Jones:** I live on Dharawal country, in Campbelltown, south-western Sydney. Here I teach meditation, yoga and work labyrinth with the community. I co-create public rituals and run workshops and courses in Earth-Based Mindfulness. I am a Chaplain at Campbelltown Hospital, Priestess of the Earth, gardener, healer, teacher, mother, traveller, activist and friend. I have worked as a teacher, a nurse and in the corporate sector. I am passionate about labyrinths and community.



## **SATURDAY MORNING 1B      PRESENTATION**

### **Campbelltown Community Labyrinth – how to build a labyrinth.**

In 2017 I walked across the park in Campbelltown and thought – a labyrinth would work here. So began my journey with Campbelltown Council and the locals to create a labyrinth for the entire community. In this presentation I will explain how it all happened and how to work with a local government to create a labyrinth in your community.



**Peter Bean**, now retired, is a small-time activist, and has railed against various forms of injustice for most of his life!! He has a passion to create thematic labyrinth walks that are meaningful, engaging, challenging and energising. Previous thematic walks have explored the topics of celebration, forgiveness, stress, relaxation, giving thanks, Easter and new life.

He is a Veriditas advanced trained facilitator, and in 2017 attended Lars Howlett's labyrinth construction workshop. Since then he has been building labyrinths in his backyard as well as at schools and campsites; in addition, he runs retreats and workshops with labyrinths as a core focus.

## **SATURDAY AFTERNOON 2D WORKSHOP**

### **Living Justly in an Unjust World**

This workshop will explore the concepts of justice, a "fair go", right and wrong. Various views and opinions will be considered. Participants will be invited to identify forms of injustice in their own lives, or in the wider community. Some sharing will occur in ways to address injustice, including dealing with blockages to doing just that.

Participants will be given the opportunity to develop a labyrinth walk, either as individuals, or in a group, identifying an injustice they would like to address. Guidelines will be provided and creativity will be encouraged. Things to mull over will include: what do you want to focus on? The size and shape of the labyrinth – is there a better one to help deal with the issue? What visual and tactile helps would be useful?

We will then finish with an open discussion time, sharing some of the great ideas we come up with!



**Max Greive** has been a farmhand, mortuary attendant, pastor, youth/community worker and is currently a counsellor, spiritual director, artist and labyrinth facilitator. He shares his appreciation of the ancient practice of labyrinth walking, with all eager participants. As President of a local arts Network in Newcastle he will be seen engaging all ages at the various markets they hold, with painted and carved labyrinths, which he provides.

For the past 20 years we have been lovers of the labyrinth: first personally, then with friends and now with whoever. In as many different ways and settings as possible we create spaces for people to slow down; centre and experience some peace. This workshop comes from that basis.

### **Using labyrinths in the helping professions - men's business**

Max has been a counsellor/therapist for a NGO in Newcastle for the past 11 years primarily with distressed fathers and before that, with Bronny, helped create a community centre "for anyone who needs a little something". The workshop is about using labyrinths in the helping profession, particularly with hurting men. There will be stories and anecdotes of the work I have done in welfare circles as a counsellor/therapist, with non-alternative men and others, plus some hands on experiential activities.

We'll share some stories of ways to engage and walk with others in their journey of healing and self-discovery and give you a chance to tell some of your stories. There are a variety of labyrinth experiences which we have used therapeutically, including using hand painted labyrinth on material, spray painted on parklands, paper and wooden finger labyrinths. For us this is part of our bigger dream as in 2016 we bought 100 acres near Dungog and started Fosterton Retreat where you can join a creative/spiritual retreat and be nurtured by nature. Several labyrinths are on the property and are part of the experience.



**Dr Sally Longley**, author and speaker, has been a Retreat Leader and Spiritual Director for over 15 years, and has found the labyrinth to be a source of profound transformation and creativity with the people she works with. Her work has also been used for those who have experienced trauma, and Sally has been invited to lead labyrinth and other retreats in the USA and New Zealand.

**Kathy Cave** has been a Spiritual Director for the past 5 years and has experienced personal change from re-imagining stories that she has carried most of her life. She enjoys labyrinths and has led some labyrinth retreats in the last two years.



### **Flipping your fairy tale or myth in the labyrinth**

In this workshop you will be asked to reflect...

Are you wondering why you remember some stories from childhood?

Are you curious to work with your own particular stories, be they fairy tales or myths, allowing the labyrinth to accompany and guide you into a transfiguration?

If yes, then this workshop is for you!

We plan to re-imagine the story – flip it on its head!

With a new story we walk the labyrinth's path, noticing the freedom that comes from a different perspective.

In the centre we go deeper and then as we return outward, walk into a different way of being in the world.



**Tony Christie** is spiritual teacher and healer, author, artist, labyrinth designer and workshop facilitator. He is author of “Labyrinth: Your Path to Self Discovery” published in 2018; and the creator of The Labyrinth Wisdom Cards; a deck of wonderfully insightful cards with messages for you on your journey in life. In 2005, he founded ‘Labyrinth Ireland’ to raise the awareness and use of the labyrinth as a tool for personal and spiritual growth.



He teaches about the labyrinth as a symbol of Oneness, as a symbol of the inter-connectedness of all of existence, and as a symbol of you. He works with the labyrinth as a healing tool and a safe place to explore your journey in life.

He has reintroduced the ancient form of healing based on the labyrinth called Melchizedek Labyrinth Healing. His workshops include labyrinth design and building; and workshops to explore and experience the deeper meanings and higher vibrations that are contained in the labyrinth. He is a Veriditas Certified Advanced Labyrinth Facilitator, and has spoken at conferences and presented workshops in Ireland, UK, Europe, Asia, Australia and America.

Tony’s key note presentation is **Widening the Circle**, setting the theme for our conference. He also will give the final presentation, titled **To the Labyrinth and Beyond**.

Join Tony on an expedition into and through the labyrinth into a labyrinth world not yet explored.





**Elizabeth Brandis:** Elizabeth's curiosity with labyrinths was kindled through meeting them in books. Then, during journeys through France & the UK, she came upon several & walked them. They were in the forests in France, in a church yard at Glastonbury, on a wall & on a headland at Tintagel, on a beach on Iona & in Ireland. Their ancient lineage & mystery called, and Elizabeth fell in love. She has been seeking out, interacting with & incorporating her other modalities with labyrinths ever since.

Elizabeth is a Crystal Sound Therapist with a Diploma in Crystal Sound Therapy from the Karyna Centre for Transformation/ Crystal Sound & Light Institute with Susie Nelson-Smith. She uses Alchemy Crystal Singing Bowls to re-tune body, mind & soul with colour & sound. She plays in Sacred Sites around the world at a local hospital for the Pulmonary Rehab group and provides relaxation sessions for small groups of people with disabilities.

She uses the Melchizedek Method Healing modality and is a Seichem Master, and a licensed Soul Guidance & Sacred Mentoring practitioner from Alana Fairchild. Elizabeth has regular group Crystal Sound Therapy events, individual healing sessions, house clearing, cleansing & re-affirming. She plays at special events, indoor & outdoor ceremonies, Equinox, Solstice & has a special love for playing at Labyrinths. The gentle sounds bringing love, peace, focus & expansion.

**Elizabeth will play in the early morning walks and at the facilitated walks at the Gathering—feel free to walk while she plays.**